

HEALTH & BEAUTY TREATMENTS

FACE - ESPA SKINCARE

Create natural beauty and inner calm with ESPA. Treatments incorporate Skin Vision facial analysis as well as face, décolleté and scalp massage.

Personalised Express Facial	25 mins	£31.50
Lift & Firm Facial	55 mins	£54.00
Skin Purifier Facial	55 mins	£54.00
Skin Radiance Facial	55 mins	£54.00
Re-Hydrator Facial	55 mins	£54.00

FACE & BODY ESPA SKINCARE

Back, Face & Scalp Treatment*	85 mins	£72.50
Full Body Stressbuster Treatment*	85 mins	£72.50

*with hot stones add £5

FACE - MURAD SKINCARE

Transform your skin with Dr Murad. Each Facial is personalised and bespoke to your skin and lifestyle needs, with visible difference after 1 treatment.

Express Murad Facial	25 mins	£30.00
Murad Method Facial	55 mins	£52.00
Deluxe Murad Method Facial	70 mins	£62.00

CACI NON SURGICAL FACE LIFTING

Award winning non-invasive skin lifting treatment

CACI Face Lift	55 mins	£53.00
CACI Eye Lift	25 mins	£31.00
CACI Hydratone Facial Upgrade	15 mins	£10.00
CACI Jowl Lift	15 mins	£15.00
CACI Jowl Lift	25 mins	£31.00

BODY TREATMENTS - ESPA SKINCARE

Results - Great for cellulite, firming and drainage.

Stimulating Hip & Thigh Treatment	55 mins	£53.00
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Relaxation - Unwind your body, uplift your mind and nurture your skin.

Salt & Oil Scrub	25 mins	£35.00
Deep Cleansing Back Treatment	40 mins	£42.00
Body Wrap	55 mins	£55.00

MASSAGE

Health & Fitness Massage - incorporating stretching techniques

Virgin Active Fitness Massage	25 mins	£30.00
Virgin Active Fitness Massage	40 mins	£41.00
Virgin Active Fitness Massage	55 mins	£53.00

Relaxation Massage - Using aromatherapy oils.

Swedish Massage/Relaxation Massage	25 mins	£30.00
Swedish Massage/Relaxation Massage*	40 mins	£41.00
Swedish Massage/Relaxation Massage*	55 mins	£53.00

*with hot stones add £5

Specialist Massage

Indian Head Massage	25 mins	£30.00
Hopi Ear Candles	25 mins	£30.00
Reflexology	55 mins	£53.00
Maternity Massage by ESPA	55 mins	£58.00
New Beginnings by ESPA	75 mins	£71.00

HEALTH & BEAUTY AT **VIRGIN ACTIVE SOLIHULL**

T: **0121 506 9880** E: **beauty.solihull@virginactive.co.uk**

Blythe Gate, Blythe Valley Park, Shirley B90 8AT



EYE CARE

Eyebrow Shape	15 mins	£12.00
Eyelash Tint*	15 mins	£14.00
Eyebrow Tint*	15 mins	£13.00
Eyelash & Brow Tint*	25 mins	£23.00
Eyelash Lift*	55 mins	£40.00
My Lash - Natural Look	25 mins	£30.00
My Lash - Glamorous Look*	40 mins	£35.00

*requires patch test 24 hours before treatment

TANNING BY ST TROPEZ

Look Healthy Spray Tan	25 mins	£23.00
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NAILS & FEET BY JESSICA

Quick Fix File & Polish	15 mins	£17.00
Manicure or Pedicure + Extra TLC	40 mins	£27.00
Deluxe Manicure or Pedicure	55 mins	£37.00
File & Polish + GELeration Finish	40 mins	£27.50
Manicure or Pedicure + Extra TLC + GELeration Finish	55 mins	£35.50
Additional French Polish	15 mins	£5.00
Gel Removal	25 mins	£9.00
Gel Removal (with additional treatment)	25 mins	£5.00

WAXING TREATMENTS

Using hygienic Australian Body Care Strip Wax & Lycon Hot Wax

Full Leg	25 mins	£27.00
Three Quarter Leg	25 mins	£24.00
Half Leg	15 mins	£18.00
Standard Bikini	15 mins	£15.00
Extended Bikini	15 mins	£20.00
Brazilian or Playboy	25 mins	£32.00
Hollywood	25 mins	£32.00
Full Arm	15 mins	£28.00
Half Arm	15 mins	£11.00
Underarm	15 mins	£11.00
Lip or Chin	15 mins	£9.00
Lip & Chin	15 mins	£14.00

MEN'S TREATMENTS

Eyebrow Shape	15 mins	£10.00
Chest or Stomach Wax	15 mins	£14.00
Back Wax	25 mins	£24.00
Foot Care	30 mins	£27.00
Hand & Nail Care	25 mins	£23.00
Murad Men's Pore Cleansing Facial	55 mins	£52.00
ESPA Men's Anti-Aging Facial	55 mins	£52.00
ESPA Face & Scalp Treatment*	85 mins	£72.50
ESPA Full Body Stressbuster Treatment*	85 mins	£72.50
Nostril Wax	15 mins	£9.00

*with hot stones add £5

VIRGIN ACTIVE MEMBERS - GET 10% OFF SPA TREATMENT PRICE

SPA INFORMATION - The Spa is open to members and non-members. Please arrive at least 10 minutes before your appointment time. You will need to complete a Spa registration form. Gift vouchers are available for treatments, packages, and products.

All major credit cards are accepted. At least 24 hours' notice is required for cancellations. If no notice is given, a 50% charge will be made. Late arrival will result in treatment time being shortened accordingly. For more information, visit virginactive.co.uk

RELAX, UNWIND & ESCAPE

SEPTEMBER 2018

HEALTH & BEAUTY PACKAGES

PICK AND MIX - FOR 1

Choose between two, three or four of the following 25 minute treatments;

Manicure, Pedicure, Spray Tan, Facial, Body Exfoliation, Eye Treatment, Back Massage and Hopi Ear Candles.

- 2 Treatments - **£54**
- 3 Treatments - **£72**
- 4 Treatments - **£87**

HEAD TO TOE - FOR 1

Escape with a head to toe spa experience. Enjoy a 40 minute back massage, 25 minute facial and a nail file and polish for **£85**.

MADE FOR MEN - FOR 1

Rejuvenate after a long day with a 1hr 25 minute full body massage, followed by a deep cleansing facial and scalp massage for **£65**.

TWILIGHT SPA - FOR 1

Unwind after a long day with either a 25 minute Facial or 30 minute Massage and full use of the facilities for **£50**.

Available between 5pm - 7pm.

MINI PAMPER - FOR 2

Relax together with full use of the facilities and a 25 minute Spa Treatment for **£65 each**.

Choose from the following; Back Massage, Shape & Polish for Hands and Feet or a Express Facial.

SIGNATURE SPA - FOR 2

Relax, unwind and escape together with a signature spa treatment. Choose from either a Swedish Back Massage or an ESPA Pressure Point Facial, including a Scalp and Foot Massage for **£70 each**.

CELEBRATE TOGETHER - UP TO 5 PEOPLE

Spend some time together with family or friends with full use of the club facilities and a spa treatment for **£65 per person**.

Choose from the following; Express Manicure or Pedicure, 30 minute Massage a Mini Facial

TO BOOK YOUR SPA TREATMENT OR FOR FURTHER DETAILS SPEAK TO THE SPA TEAM

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