

# HEALTH & BEAUTY TREATMENTS

## FACE - ESPA SKINCARE

Create natural beauty and inner calm with ESPA. Treatments incorporate Skin Vision facial analysis as well as face, décolleté and scalp massage.

Personalised Express Facial	25 mins	£34.50
Lift & Firm Facial	55 mins	£57.00
Skin Purifier Facial	55 mins	£57.00
Skin Radiance Facial	55 mins	£57.00
Re-Hydrator Facial	55 mins	£57.00

## FACE & BODY ESPA SKINCARE

Back, Face & Scalp Treatment*	85 mins	£77.00
Full Body Stressbuster Treatment*	85 mins	£77.00
Detoxifying Body Wrap	55 mins	£60.00

\*with hot stones add £5

## FACE - MURAD SKINCARE

Transform your skin with Dr Murad. Each Facial is personalised and bespoke to your skin and lifestyle needs, with visible difference after 1 treatment.

Express Murad Facial	25 mins	£35.00
Murad Method Facial	55 mins	£60.00
Deluxe Murad Method Facial	75 mins	£70.00

## CACI NON SURGICAL FACE LIFTING

Award winning non-invasive skin lifting treatment

CACI Eye Revive Lift	25 mins	£33.00
CACI Jowl Lift	25 mins	£33.00
CACI Face Lift	55 mins	£58.00
CACI Ultimate Face Lift	70 mins	£68.00

## BODY TREATMENTS - ESPA SKINCARE

Results - Great for cellulite, firming and drainage.

Stimulating Hip & Thigh Treatment	55 mins	£55.00
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Relaxation - Unwind your body, uplift your mind and nurture your skin.

Salt & Oil Scrub	25 mins	£36.00
Deep Cleansing Back Treatment	40 mins	£45.00

## MASSAGE

Health & Fitness Massage

Virgin Active Deep Tissue Massage	25 mins	£32.00
Virgin Active Deep Tissue Massage	40 mins	£44.00
Virgin Active Deep Tissue Massage	55 mins	£55.00

Relaxation Massage - Using aromatherapy oils.

Swedish Massage/Relaxation Massage	25 mins	£32.00
Swedish Massage/Relaxation Massage*	40 mins	£44.00
Swedish Massage/Relaxation Massage*	55 mins	£55.00

\*with hot stones add £5

Specialist Massage

Indian Head Massage	25 mins	£32.00
Hopi Ear Candles	25 mins	£30.00
Reflexology	25 mins	£32.00
Reflexology	55 mins	£55.00
Maternity Massage	55 mins	£55.00

## TANNING BY ST TROPEZ

Look Healthy Spray Tan	25 mins	£22.00
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Please speak to staff for a range of colours available

HEALTH & BEAUTY AT **VIRGIN ACTIVE CLEARVIEW**

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