

# MAIN POOL TIMETABLE



Here's what's on and when - any questions, just ask at reception.

\*( ) = number of lanes closed

	MON	TUES	WED	THURS	FRI	SAT	SUN
6 am -	Club Opens 06:00					Club Opens 08:00	
7 am -	Adults only Swim 06:00-10:30	Adults only Swim 06:00-12:00	Adults only Swim 06:00-9:45	Adults only Swim 06:00-12:00	Adults only Swim 06:00-10:30	Club Opens 08:00	
8 am -						Adults only Swim 08:00-8:30	Adults only Swim 08:00-09:00
9 am -						Swim Lessons 08:30-10:00 *(1)	Family & Adult Swim 09:00-13:15
10 am -	Aqua Class *(all) 10:45-11:30		Aqua Class *(all) 10:00-10:45		Aqua Class *(all) 10:45-11:30	10:00-11:30 *(2)	
11 am -						11:30-12:00 *(all)	
12 noon -	Family & Adult Swim 11:45-19:00	Family & Adult Swim 12:00-19:00	Family & Adult Swim 11:00-19:00	Family & Adult Swim 12:00-19:00	Family & Adult Swim 11:45-17:00	12:00-13:00 *(2)	Aqua Class *(all) 13:30-14:15
1 pm -					Adults only swim from 17:00	Family & Adult Swim 13:00-19:00	Family & Adult Swim 14:30-19:00
2 pm -							
3 pm -							
4 pm -							
5 pm -	Swim Lessons 16:00-18:00 *(1)	Swim Lessons 16:00-18:00 *(2)	Swim Lessons 16:00-17:00 *(2)	Swim Lessons 16:00-18:00 *(1)	Swim Lessons 16:30-17:00 *(1)		
6 pm -		18:00-18:30 *(1)	17:30-19:00 *(1)		17:00-18:00 *(2)		
7 pm -	Adults only Swim 19:00-21:45					Adults only Swim 19:00-19:45	
8 pm -				Adults only Swim 19:00-21:45	Adults only Swim 17:00-21:45		
9 pm -						Poolside Closed at 19:45	
10 pm -	Poolside Closed at 21:45						